

## **Symphony Parnassus 2022-2023 Rehearsal & Concert Commitment**

Dear Symphony Parnassus Musicians,

Welcome back! Rehearsals for the 2022-23 concert season begin on Monday, September 12 from 7:30 - 10 p.m. at San Francisco State University in the Creative Arts Building, Room 153.

Your participation in rehearsals and concerts is highly valued and vital to the orchestra's success. Please read the following policies to ensure that our limited rehearsal time is used effectively.

### **VACCINATION AND HEALTH POLICY**

The health and safety of the orchestra is the top priority as we move forward with our 2022-23 season. As COVID-19 case numbers continue to fluctuate, we will be maintaining the health policies from last season. Due to the current pandemic, we are requiring the following:

- **Orchestra members must be FULLY VACCINATED and BOOSTED against COVID-19** to participate in rehearsals and concerts.
- Proof of vaccination must be shown at the start of the first rehearsal to either Michael or Paula. (A photo of the vaccination record is acceptable.) Alternatively, you may email proof of vaccination to [orchestramanager@symphonyparnassus.org](mailto:orchestramanager@symphonyparnassus.org)
- **Strings and non-wind musicians must wear a mask at all times.** Please wear a KN95 or KF94 mask to rehearsal which provides increased protection over a basic cloth mask. Please reach out if you need assistance with acquiring an appropriate mask.
- **Wind players** will be required to take a COVID-19 rapid antigen test on the day of each rehearsal/performance. Winds will also be required to wear a mask in the building but the mask can be removed at your seat after receiving a negative test result. Please test at home or arrive 10-15 minutes early to rehearsal to self-administer a test that we will provide. See Michael to pick up a test.

This policy will be periodically reviewed as new health information becomes available.

### **ATTENDANCE POLICY**

We request that all orchestra members strive to attend every rehearsal. Consistent attendance will improve the rehearsal process and benefit the entire orchestra. However, we understand and respect that you may at times have conflicting obligations.

We kindly ask for your adherence to the following guidelines:

- No more than two absences per concert, preferably early in the set. Excessive absences may lead to a discussion with the music director as to whether it would be appropriate for you to sit out until the next concert set.
- Dress rehearsals are required and can only be missed with the express permission of the music director at least one week in advance.
- If you must miss a rehearsal, please notify your section leader and/or the orchestra manager [<orchestramanager@symphonyparnassus.org>](mailto:orchestramanager@symphonyparnassus.org) as early as possible, but please give at least 24 hours advance notice.
- When appropriate, please help us engage a substitute player for your part.

Please review and sign the Rehearsal Schedule on the next page. We appreciate your commitment to Symphony Parnassus and look forward to a great season together!

Michael Beale  
Orchestra Manager  
(530) 276-4907  
[orchestramanager@symphonyparnassus.org](mailto:orchestramanager@symphonyparnassus.org)

**Symphony Parnassus**  
**2022-2023 Rehearsal & Concert Commitment**

Please review the rehearsal and concert dates for the season. Circle any dates that you WILL NOT attend and note the reason below.

We rehearse Mondays from 7:30 – 10:00 p.m. at SF State University in the Creative Arts Building, Room 153 (1600 Holloway Ave. San Francisco, CA). Rehearsals marked with an asterisk (\*) will be at Lakeside Presbyterian Church in the Social Hall (201 Eucalyptus Drive, San Francisco, CA).

**Concert 1**

9 Monday Rehearsals: September 12, 19, 26    October 3, 10, 17, 24    November 7, 14  
Dress Rehearsal: November 20, 11 a.m. – 1:30 p.m.    SF Conservatory of Music  
Concert: November 20, 3 p.m. – 5 p.m.    SF Conservatory of Music

Reason for absence \_\_\_\_\_

**Concert 2**

7 Monday Rehearsals: November 28    December 5, 12, 19    January 9, 16\*, 23 (2023)  
Dress Rehearsal: January 29, 11 a.m. – 1:30 p.m.    Taube Atrium Theater  
Concert: January 29, 3 p.m. – 5 p.m.    Taube Atrium Theater

Reason for absence \_\_\_\_\_

**Concert 3**

9 Monday Rehearsals: January 30    February 6, 13, 20, 27    March 6, 13, 20, 27  
Dress Rehearsal: April 2, 11 a.m. – 1:30 p.m.    Taube Atrium Theater  
Concert: April 2, 3 p.m. – 5 p.m.    Taube Atrium Theater

Reason for absence \_\_\_\_\_

**Concert 4**

9 Monday Rehearsals: April 3, 10, 17, 24    May 1, 8, 15, 22    June 5  
Dress Rehearsal: June 11, 11 a.m. – 1:30 p.m.    SF Conservatory of Music  
Concert: June 11, 3 p.m. – 5 p.m.    SF Conservatory of Music

Reason for absence \_\_\_\_\_

Please write your name and instrument below to indicate that you have read the attendance policy and noted any anticipated conflicts with the rehearsal schedule. Please notify the orchestra manager as soon as possible if your schedule changes.

Name \_\_\_\_\_ Instrument \_\_\_\_\_ Date \_\_\_\_\_